



**More Need
Fewer Dollars**

**2022 ANNUAL
REPORT**

SAVE the
M&THERS.org

ABOUT US

Our Mission

To train local leaders in the developing world to reduce maternal mortality within their own countries.

Our Vision

That no mother or child should die from preventable causes related to pregnancy and childbirth.

We Believe

That universal access to quality maternal care in pregnancy and childbirth is a basic human right.

We Work

In partnership with other like-minded groups and individuals.



MESSAGE FROM THE CHAIR

Dear Friends and Supporters of Save the Mothers,

This is the time of year where we look back and reflect on what has taken place in the life of Save the Mothers. We have so often gone through this exercise to be reminded of the steps that have been taken to ensure no mother or her child dies from preventable causes. We do not know all the names of those we have helped through our efforts nor will we know the ones who have died because we have not been able to reach them. But this we do know...**our work is far from finished.**

This tolerated tragedy claims more lives than all the world wars and traffic accidents in the last century. But I am blessed to hear the stories from our graduates of those women who have been able to access care and have the joy of holding their newborn child. These mothers can look forward to being a part of this new life into the future, providing for them, and protecting them. But we also hear the stories of the women who were not able to access care because of inaccessibility, no finances or partners who resisted providing a birth plan during pregnancy.

We are only a part of the work that gets carried out by the graduates of the Masters of Public Health Leadership. They are going back to their places of influence and becoming the Game Changers for women in their communities. They are providing seed money to empower change. They are speaking up for the vulnerable and those with no voice and giving them the means to be heard. They are the ones looking for resources to extinguish unnecessary death amongst their families by fighting for access to care. They are teaching the critical elements of the dangers of childbirth and the need to provide their moms with the necessary transportation and access to facilities that prioritize maternal care.

It reminds me of the Song written by the Irish songwriter and novelist Brendan Graham and sung by many artists..."You Raise Me Up to Stand on Mountains", but they cannot do it without standing on your shoulders and using the resources that you have provided.

Thank you for all that you have contributed to the life of a mother, a child, a sibling who still has their mother present in their life.

Sincerely,



Mary Harvey

Chairperson, Save the Mothers

*You raise me up, so I can stand on mountains
You raise me up, to walk on stormy seas
I am strong, when I am on your shoulders
You raise me up to more than I can be*





*Giving participation rates are declining rapidly.
The gap between demand and funds
raised is significant.

Inflation and post-covid effects
are preventing Masters of Public Health
Leadership students from graduating.

Your support is more urgent than ever before.

• *CANADIAN GIVING REPORT 2023 (CANADA HELPS)

To give:
www.savethemothers.org/donate
or cheques made to
Save the Mothers
27 Legend Ct.
P.O.Box 10126
Ancaster, ON
L9K 1P3



PROGRAM UPDATE



MASTERS OF PUBLIC HEALTH LEADERSHIP PROGRAM

The Save the Mothers "Masters in Public Health Leadership" continues to be an outstanding and inspiring model for systemic change. Students from all around Africa choose to enrol in this program, because of the quality of education and the success rate of our graduates. We have a much larger reach now that our program is online, with a 1 week in person group consultation per semester.

Once again, all classes and exams were conducted online. Enrolment was down this year again as the recovery from the pandemic is slow and students still struggle to pay school fees. **They are very interested but need financial support.**

**6 students
graduated
in 2022**

**12 students
waiting to
enroll**

ALUMNI SUCCESS UPDATES



Andrew Koolya - Kagadi District

Andrew works with 30 community groups in Hoima & Kagadi districts and has established a Maternity Basket Fund program in each of the communities.

"Sometimes women and babies lose their lives because they have no access to money to pay for transport to the health centre for care" says Andrew. The cost of transport is as little as \$3,000 - \$15,000 Uganda Shillings, the equivalent of \$1.00 - \$4.00 Canadian.

Each woman contributes a small amount weekly into the "Basket" so funds are available as they are needed for transportation to the Health Care Facility. Andrew is also a town clerk who is utilizing his Master of Public Health education to advocate for maternal health within local government. His passion and activism has led to the town council approving \$12m UGX in their recent budget to further support the Maternity Basket Fund.

Jolly Muhindo - Bwera

Jolly says she knew right away this program was what she wanted.

"It is important to put in place services to curb teen pregnancies and diseases for safe motherhood" says Jolly. Preventing early pregnancies which weigh down the hospital maternity services and fuel maternal mortality and morbidity, is critical.

Jolly has established youth friendly services to talk with students and provide counselling. She has seen the reduction in teenage pregnancies in schools. Jolly was a teacher when she read about the Masters of Public Health Leadership program. She took the course and was promoted to head-teacher of her secondary school.





Selevano Thembo - Kagadi

Selevano is a District Disease Surveillance Focal person - Kagadi District.

"Using the leadership and public health skills I gained from the Masters of Public Health Leadership program allowed me integrate programs into the hospitals to prevent diseases".

Due to consistent monitoring of infection control and prevention, 15 health facilities have moved from red to green based on the WHO four-bucket system. The facilities are now segregating their waste into the four-buckets and preventing infections.

*Their dreams came true,
they are Game Changers*

Albert Mukasa - Kibaale

Albert is an alumni of the Masters of Public Health Leadership program and now runs a health centre in Kibaale. It is the only facility that offers ultra-sound services which are crucial to monitor women during antenatal care.



Albert is making crucial decisions regarding maternal and child health services and he is empowered as a leader to serve his community to promote maternal and child program.

MEETING MOTHERS' NEEDS WITH OUR MOTHER BABY FRIENDLY HOSPITAL INITIATIVE

Women in Manafwa district were so excited to put up their hands to report on the seed funding project and the interest they have earned on their maternal & child health emergency funds. Save the Mothers gifted the ladies with funds to purchase a goat and the remaining funds went into their individual emergency pools. These goats have kids and they are then shared from group to group so that they each end up with a goat.

The women contribute to the fund weekly and when emergency funds are given, they are paid back with interest. There were 10 team leaders who each had 8-10 ladies in their group, resulting in 100 women being supported and educated.

The team leaders reported that they have helped approx. 18 women with funding to go to the health centre and deliver their baby safely.



"I support many women to access health care services, however, on many occasions I have had difficulties. I have to dig into my pockets to support the women with basic needs such as transportation, soap, meals and receiving blankets. Some women have no clothes for the newborn to even bring them home in. I've cut part of my dress to give them a receiving blanket"

a village health team member

Mama Kits

Moms are delayed in going to the hospital because they aren't equipped with a kit for the delivering of their baby. Kits include plastic sheets, razor blades, cotton wool, gauze pads, soap, surgical gloves, exam gloves, cord ties and cost 23,000,000ugx (or \$12cdn).

Sylvia from Kiyenge village, Kasese district, western Uganda required an emergency c-section. She was only able to pay 120,000ugx of her total bill of 480,000ugx. The hospital would not release her until her bill was paid in full so Sylvia spent 1 month in hospital. She relied on good samaritans for food during her stay. Save the Mothers was able to assist in paying her hospital bill so Sylvia could go home with her newborn.



The High Dependency Unit at Mityana Hospital received a donation of spinal needles.

Mityana hospital conducts approx. 200 c-sections per month and 2 needles are required for each one (in case the first needle doesn't work). Save the Mothers donated 500 needles.

"Thank you so much for saving lives. Sometimes the hospital runs out of these needles - like today. You have saved many mothers with this supply. Sometimes the mothers can't afford the needles and their families go in search of a supply or for the funds and we lose time in saving the mother or baby."



In 2022, Save the Mothers was able to engage with midwives and determine what their needs were to better serve their communities. Save the Mothers is now looking for funding to support our Digital Rescue program equipping midwives with cellphones and an app to collect and send critical health information to a doctor back at the hospital. Recorded educational video clips will allow midwives to educate the community on a biweekly schedule on the need for safe motherhood and what complications to watch for in the most remote areas of Uganda.

ZEZILA from Kasese district was 8 months pregnant with twins when her complications set in. Kinyamaseke health centre could not treat her and she was referred to Kagando Hospital. There her twins were delivered pre-term weighing 1.2kg and 1kg. They were sick and needed to be put in the Newborn Intensive Care Unit for 3 weeks. Thanks to the emergency care project, Save the Mothers was able to assist Zizela to pay her hospital bill of 340,000ugx.





Fund/Project Supporters

Leila C Reader Fund ~ supports Emergency Care & Mother Baby Friendly Hospitals

Jeffs Fund ~ supports NASG suits

Kelton Scholarship Fund ~ supports Annual Scholarships

Sisters of St. Josephs in Canada - supports Training of adolescent girls and women (Health, Finance & Livelihood)



Emergency Care - Leila C Reader Fund

Under the Leila C Reader Fund, Save the Mothers received funds for emergency medicines to support vulnerable and needy mothers.

Save the Mothers partnered with Boroboro health centre in northern Uganda, Mbale People's hospital in eastern Uganda, Mubende hospital in western Uganda, and Kagando hospital in Kasese, western Uganda.

Emergency food was provided to the Karamonja region after severe flooding.



NASG Suits - Jeffs Fund

Non-pneumatic Anti-Shock Garment (NASG) is a fit-for-purpose device that can save women's lives by reducing blood loss and stabilizing the women until treatment is available. It reduces blood flow to the uterus and treats hypovolemic shock while allowing health staff to repair sites where bleeding occurred.

To be implemented in Mukono, Buikwe, and Buvuma Health Centres in 2023.



Annual Scholarship - Kelton Fund

Each year a student is chosen by Save the Mothers East Africa to be the recipient of the Kelton Fund scholarship program.



Training Program - Sisters of St. Josephs in Canada

This program trains adolescent girls and women in hygiene, nutrition, financial planning (savings pool), and livelihood (soap and dress making)



STATEMENT OF OPERATIONS

Save the Mothers

Summary Statement of Financial Position

June 30

2022

2021

Assets

Current

Cash	\$ 150,785	\$ 187,806
Accounts receivable	14,958	16,565
Inventory	7,362	4,876
Prepaid expenses	<u>7,015</u>	<u>3,622</u>

180,120 212,869

Restricted cash and short-term investments - endowment

21,304 21,304

Equipment

1,575 3,167

\$ 202,999 \$ 237,340

Liabilities

Current

Accounts payable and accrued liabilities	\$ 29,174	\$ 26,139
Deferred contributions	<u>2,174</u>	<u>15,810</u>

31,348 41,949

Net assets

171,651 195,391

\$ 202,999 \$ 237,340



FINANCIAL POSITION

Save the Mothers

Summary Statements of Operations and Net Assets

Year ended June 30

2022

2021

Revenue

Individual and corporate donations	\$ 226,055	\$ 264,118
Institutional contributions	75,459	192,921
Canada Emergency Wage Subsidy and Canada Recovery		
Hiring Program Subsidy	21,502	27,979
Book and product sales	4,221	8,560
Scholarship income	1,000	-
Interest income	363	17
Event contributions	-	12,120
	<u>328,600</u>	<u>505,715</u>

Expenditures

Program expenditures		
Mother Friendly Hospital	113,453	111,052
Masters program	61,026	51,792
	<u>174,479</u>	<u>162,844</u>

Support services

Administration	105,866	112,204
Promotion	71,995	53,519
	<u>177,861</u>	<u>165,723</u>

(Deficiency) excess of revenue over expenditures

\$ (23,740) \$ 177,148

Net assets, beginning of year

\$ 195,391 \$ 18,243

(Deficiency) excess of revenue over expenditures

(23,740) 177,148

Net assets, end of year

\$ 171,651 \$ 195,391



FINANCIAL OVERVIEW

Dear Friends,

Save the Mothers is considered a small charity with revenue under \$1 million. Post Covid-19, the needs of the mothers and babies Save the Mothers serves are greater but our donations are lower. The essential donations to save the lives of mothers and babies are still in recovery mode.

Meeting the Challenge

We are blessed that Save the Mothers has survived, as many charities were not so fortunate. We continue to pivot our fundraising methods towards more mail and social media to communicate the great need and our Master of Public Health Leadership program continues online. The students in east Africa are struggling to meet tuition fees due to Covid-19 reduced work opportunities and so we are seeing fewer able to graduate without the help of scholarships.

We continue our efforts to permanently reduce fixed costs by keeping staff levels low and hiring contractors only on an as needed basis.



Last year we saw the first ever Save the Mothers Club established by a committed group of students at Queens University, and we are now excited to announce that a second club has launched at McMaster University.

A monthly gift is the most efficient way to support the work of a charity since it requires far less administration so your gift will have the maximum impact.

Please consider a monthly gift to Save the Mothers in the coming year.

The introduction of new ways to give via e-transfers, legacies and securities has increasingly been accessed by donors. Gifting a security (stocks, bonds, mutual funds, ETFs) supplies funding to save the lives of mothers and babies, and at the same time provides the dual benefit to the donor of a charitable donation receipt and freedom from tax on any capital gains from the security. Securities donations can be made through: www.linkcharity.ca.

Ongoing Needs

Our partnership with Uganda Christian University to produce Master of Public Health students continues. But Covid-19 has reduced the student's ability to earn their schooling costs. As a result, there is an urgent need for donations to our scholarship program to allow the Masters of Public Health to complete their schooling.

This is more than just a degree, it's a powerful tool of change as leaders go back to their communities to initiate lifesaving projects to reduce maternal mortality.

Thank you for your ongoing support of Save the Mothers as together we save as many mothers and babies as possible from death by preventable causes.



Darryl Chapman

Treasurer, Save the Mothers Board of Directors



The Florence Mirembe Block - where our students come as part of the Masters of Public Health Leadership program. Prof. Florence Mirembe is a co-founder of Save the Mothers.

Recipients of seed funding to purchase a goat and to start an emergency care fund, walked miles to greet Save the Mothers Canada guests.

Our students are struggling to cross the finish line - finances are tight and they can't graduate until their research project is completed.

They need your HELP!

Please Donate Today

To give: www.savethemothers.org/donate
or cheques made to

Save the Mothers - 27 Legend Ct.

P.O. Box 10126 - Ancaster, ON - L9K 1P3



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This annual financial report presents highlights of our work for the 2021/2022 fiscal year. It offers summary financial statements. For a complete copy of Save the Mothers audited financial statements email: info@savethemothers.org

**Save the Mothers is a registered Canadian Charity
#82876 7335 RR0001**



**That no
mother or
child should
die from
preventable
causes related
to pregnancy
and childbirth.**