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Pre-Conference  
 **Writing**  
**Webinar**

**SHARE ABOUT CHANGE PROJECTS FOR SAFEMOTHERHOOD**

***“SAVING LIVES”***

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# INTRODUCTION

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## Maternal and Newborn health through the eyes of mortality

Reducing maternal and perinatal mortality in low-and-middle income countries (LMICs) is a global public health concern.<sup>1</sup> This is recognized by the Sustainable Development Goals (SDGs) which aim to reduce the maternal mortality ratio globally to less than 70 per 100 000 live births by 2030.<sup>2</sup> The SDGs similarly aim to end all preventable deaths of newborns and children, and to reduce the neonatal mortality ratio to under 12 per 1,000 live births and the under-5 mortality ratio to under 25 per 1,000 live births.<sup>3</sup>

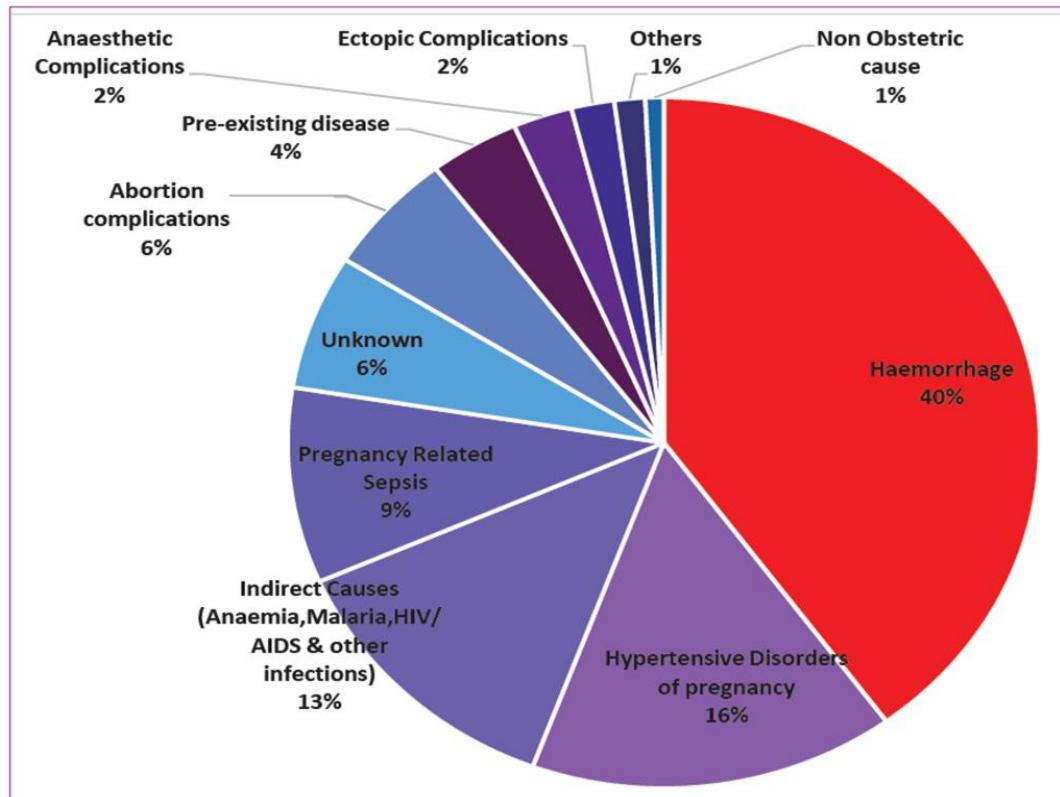
Saving lives of mothers and newborns April 2024

5

# AVOIDABLE DEATHS

## 3.2.5 Causes of maternal deaths

Figure 7: Causes of Maternal Death, (n=1137) FY 2022/2023



# WHAT IS A “CHANGE PROJECT”

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**FOCUS:** saving women and newborn children

**By whom?**

A single person/persons/or entity

**What is a change project?**

A structured initiative/intervention intended to change an organ or organization or work to a new status (defined recipient/place and time bound).

**Where and when** did you start “saving lives” in your work?



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# TELL THE STORY

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**Last mile delivery of essential maternal and newborn drugs by NMS to HCIIIs & IVs in districts in Karamoja region, Uganda (Kacheri, Loro, Takora, Iiriri etc). Ensuring the right medicines delivered, a case of heroism.**

- **Lonely/isolated HC**
- **Insecurity**
- **Capacity** of local members of health facility management team
- **Checking** the delivery contents and sign delivery note

# MM & ANAEMIA IN KIBAHA TC IN TZ



## MATERNAL MORTALITY RATE IN KIBAHA TOWN COUNCIL

## RENOVATION TITLE:HB BUSTER AND FOLLOWUP FOR PREGNANCY MOTHERS



16

# PERSONALLY INVOLVED: STORY OF BEET ROOT



16

# RESULTS: DELICIOUS PRODUCT

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17

# WHY SHARE THE STORY?

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- **LEARNING: ABOUT METHODOLOGY**
- **SHARING: NEW KNOWLEDGE AND SAVING LIVES**
- **LEARNING: LESSONS ON PROJECT IMPLEMENTATION**
- **MOTIVATE: OTHERS**
- **NETWORKING: AND COLLABORATION**
- **SOCIETAL GOOD**
- **PERSONAL GROWTH**

# Restructure your story into scientific writing

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1. **Title** of your work
2. **Subject:** What was the work and what problem?
3. **Objectives:** What did you set to achieve?
4. **Methodology:** So how did you work/what did you do?
5. **Results:** What happened..?
6. **Discuss:** Why are the results important?
7. **Conclusion** and recommendation
8. **Acknowledgements**

# COMMITMENT AND ENDURANCE

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Your project is like the picture at the forefront, full of details, busy & crowded. Gaze in the distance and the future and see the beauty!



# CONCLUSION: Whatever your project—courage & move!

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There is always a pathway, use it!



Thank  
you

A photograph of a woman in a traditional African dress holding a baby. The background is a purple gradient with yellow geometric patterns on the sides. Overlaid on the image is text for a conference.

Save The Mothers 2026

# Annual

Maternal & Child Health

# Conference

Theme

Every Change Project **Matters** -  
Multidisciplinary Collaborations in Reaching  
Every Woman and Every New-born  
Everywhere

**APR. 24TH 2026**

**NKOYOYO HALL**  
Uganda Christian University

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